

**GRAND RIVER AREA FAMILY YMCA, INC.**  
**JOB DESCRIPTION**

**POSITION:** Gymnastics/Cheer Coach

**BRANCH/DEPARTMENT:** \_\_\_\_\_

**APPLICANT:** \_\_\_\_\_

**REPORTS TO:** \_\_\_\_\_

**DATE:** \_\_\_\_\_

**STATUS:** Part-time Non-Exempt (Hourly)

**GENERAL PURPOSE**

The Gymnastics/Cheer Coach for the team will deliver professional practice and gymnastics meets. This will include team management and meet management. The applicant will assist with increasing the number on the team. The applicant will also exhibit the core values of caring, honesty, respect, and responsibility in all aspects of their work with the YMCA.

**ENTRY REQUIREMENTS & QUALIFICATIONS**

1. Have strong work ethics to be consistent in coaching.
2. Must have CPR, AED & First Aid.
3. Gymnastics experience is preferred.
4. Requires excellent organization and program planning/development skills.
5. Have good written and oral communication skills.
6. Possess a positive and professional attitude.
7. Have a willingness to commit to the mission of the YMCA.

**INTERPERSONAL DUTIES & RESPONSIBILITIES**

1. Prepare and deliver safe and effective practices.
2. Stay on top of the new skill requirements and routines to compete.
3. Have ability to work with a diverse group of youth.
4. Always have a friendly helpful attitude and wear a smile.
5. Handle accidents and emergencies in a comfortable and confident manner in accordance with the policies and procedures.
6. Remain mentally alert to recognize potential hazards/accidents and be capable to handle all aspects of management as described.
7. Must be able to make sound judgement and decisions even when distracted by noise and activity.
8. Must have the ability to handle irate, complaining or demanding individuals with internalizing and personalizing comments made.
9. Be familiar with the mission statement and core values of the YMCA. Must exemplify YMCA Core Values of caring, honesty, respect and responsibility and implement these values into daily behavior and all program/work areas.

**ESSENTIAL DUTIES & RESPONSIBILITIES**

1. Program Management: develop safe and effective practices.
2. Oversee all aspects of competitive team events that include emphasis on character development through all levels of gymnast abilities, workouts, core value reinforcement and communication with the parents.
3. Maintain a positive professional relationship with support staff at all times.
4. Establish a positive and enthusiastic attitude with members, volunteers, and program participants.
5. Maintain the safety and cleanliness of all gymnastics related equipment/facilitates by performing routine non-mechanical up-keep.
6. Report all gymnastics equipment or facility in need of repair/correction.
7. Report all accidents and incidents to the Executive Director and Program Director, complete all forms provided by the Association for such incidents.

- 8. Practice and use preventative measures and procedures at all times to ensure the safety of members and family of the team.
- 9. Perform any other duties as assigned by supervisor or directors.

**SUPERVISORY DUTIES**

Team Coaches supervise program when coordinator is not present.

**PHYSICAL DEMANDS**

The incumbent must be able to successfully complete all physical requirements needed to be a certified as a gymnastics coach at all times. He/She must be able to demonstrate techniques and therefore have full use of all physical capacities. Physically and mentally able to respond to emergencies and administer CPR, AED and First Aid properly.

**WORK ENVIRONMENT**

Must be able to work in a hot and humid environment.

**EFFECT ON THE END RESULT**

The Gymnastics/Cheer Coach position, as part of the YMCA Team, will allow for more consistent and quality program by making members feel welcome and increase their sense of belonging to the YMCA. This position will strengthen our ability to give a well rounded youth team experience. The overall result of these actions will create engaged members with a strong connection to the YMCA. Their positive experiences will result in members and participants becoming ambassadors for the YMCA.

**AGREEMENT**

We understand and mutually accept that the above description represents our agreements as to the job to be performed.

We understand that Missouri is an at-will state for employment; this means you can resign at any time and you can be terminated at any time.

\_\_\_\_\_  
Applicant's Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Supervisor's Signature

\_\_\_\_\_  
Date